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HOOKAH UP IN SMOKE

**Shisha café owners
fear closure after
councillors approve
water pipe ban**

metroNEWS

ISTOCK

OC TRANSPO
**Website
crash brings
Presto users
to a halt**



**Emma
Jackson**
Metro | Ottawa

OC Transpo could offer customers a discount if Presto's broken website isn't up and running soon.

The Presto card site, which lets OC Transpo customers load passes and e-purse dollars onto their transit card, crashed late Tuesday due to a hardware issue and stayed down all day Wednesday.

Alex Burke, spokesperson for Metrolinx which runs Presto, said staff were working with the 11 transit agencies affected to "determine the appropriate course of action" for customers if the site can't be fixed quickly.

The crash was inconvenient for many customers, who were trying to load monthly passes and top up their e-purse ahead of going back to work and school.

"It's a busy week," said OC Transpo's Pat Scrimgeour.

While he said his team is "obviously concerned" with the unplanned outage, he said recent scheduled maintenance hasn't been a problem.

The website was shut down for three weekends this summer for service upgrades.

"Those are things people can work around if they know about them ahead of time," Scrimgeour said.

OC Transpo and Metrolinx are in contract negotiations, and Mayor Jim Watson has hinted Presto wants way more money than the two per cent it currently takes from every fare.

Scrimgeour wouldn't say much on the state of negotiations.

"We're not at the beginning, we're not at the end, but they're progressing," he said.



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5

ISSUES TO WATCH FOR AT CITY HALL THIS FALL

City hall is back in session and there are several juicy items up for discussion. Budget deliberations are always a hot topic come November, and there's no shortage of juicy agenda items coming up ranging from the long-awaited (and expensive) truck tunnel to where we'll put the new central library.



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1 Safe Injection sites

Ottawa Public Health is expected to release survey results on safe injection sites any day now, and then the Sandy Hill Community Health Centre will finally get its federal application underway in earnest. Executive director David Gibson said his centre delayed the process this summer so they could include the survey in the package they'll be sending to the city, chief of police, medical associations and provincial health and public safety ministers for feedback next week. Gibson expects that comment period to take another six weeks, and then his board will likely vote to send the application to Health Canada in November.

2 Central Library

By the end of this year, we should finally know where Ottawa's library board wants to build its new central library. The library board, led by Coun. Tim Tierney, has been working since the spring to create a shortlist of 12 possible sites in the downtown core, from Bayview to King Edward Avenue. That list was published in July, with five located west of Bronson, five in the central core and two off Rideau Street. In August, that list was shortened to three finalists, but they won't be named until the board chooses a winner in December.



3 Truck tunnel

Transportation committee will get its most exciting item out of the way nice and early this fall, as a feasibility study on a long-awaited truck tunnel through the downtown is up for discussion Sept. 7. The study released this summer found the tunnel under King Edward Avenue is doable, from an engineering perspective, anyway, although the \$2 billion price tag is another matter. But transportation chairman Coun. Keith Egli said next week's meeting isn't really about those big decisions yet: the committee would simply be directing Mayor Jim Watson to get the environmental assessment process going by asking for study money from the feds and the province.

GETTY IMAGES



TORSTAR NEWS SERVICE



5 Paramedics review

Now that the hookah ban has been approved, the next big thing will be figuring out if Ottawa's paramedics need more money, said Coun. Diane Deans, chair of the community and protective services committee. Rural councillors complained earlier this year that paramedics weren't responding to incidents fast enough, and staff said at the time that a performance review coming this fall would likely confirm those suspicions. Deans said a performance review will come to committee before the November budget deliberations so "if there are budget implications we can address them."

Emma Jackson
Metro | Ottawa

4 Uber

For all you law-abiding citizens out there, Uber will finally become a viable option as the rascally ride-share app officially gets legal status Sept. 30. But after two years of legal limbo, taxi protests and bylaw clashes, the saga isn't over. Taxi drivers have banded together to sue the city for damages in what they claim was a "negligent" treatment of their industry. The \$215 million lawsuit was filed in August and city solicitor Rick O'Connor said he's confident the city has no legal obligation to compensate drivers for any losses. It's unclear when the case will be heard in court.



Council approves hookah ban

REGULATIONS

Enforcement delayed to give businesses time to regroup

Emma Jackson
Metro | Ottawa

Coun. George Darouze's failed attempt to delay a hookah pipe ban wouldn't have made much difference anyway, said shisha lounge owner Mahmoud El-Sayed.

He owns Bay Rock Café in South Keys with his wife.

It's solely a shisha bar: It doesn't serve food or alcohol, only hot and cold drinks and, of course, the flavoured herbal shisha that bring customers in.

On Wednesday, council approved a water pipe ban for public places, including private businesses.

It technically comes into force Dec. 1, but enforcement will be delayed to April 3, 2017, to give businesses a chance to

regroup.

Darouze tried on Wednesday to delay enforcement even further to Sept. 30, 2017, but he found very little support around the council table.

Most councillors sided with Dr. Isra Levy, the city's medical officer of health, who told council there's "a sufficient body of evidence" to suggest serious health risks associated with shisha and its second-hand smoke.

"Fundamentally, what we're talking about is smoking with a different name, with the risks being the same or similar," said Coun. David Chernushenko. "The device to me becomes irrelevant."

But for El-Sayed, the extra five months wouldn't have solved his business problem, anyway.

For one thing, the summer is slow season for shisha cafes, so the delay wouldn't have added much money to his coffers as he prepared to change

his business model.

And getting a liquor licence can only go so far to keep his business going, El-Sayed said.

With a 1,500-sq.-ft. shop, he could only have 30 customers at a time if he was serving alcohol — effectively cutting his 70-seat business in half. "Thirty seats is not good enough to cover my expenses," he said.

He expects he'll have to close, with three years still left on his lease.

Darouze was the only councillor to vote against the hookah ban entirely, arguing it's a cultural attack and unnecessary hand-holding in the name of public health.

Only councillors Michael Qaqish and Jody Mitic supported his attempt to push enforcement back. However, Mitic pulled his support for Darouze's second suggested change to allow festivals to apply for a special water pipe permit.

“

What we're talking about is smoking with a different name.

Coun. David Chernushenko



Bay Rock Café owner Mahmoud El-Sayed speaks outside council shortly after a hookah ban was passed. EMMA JACKSON/METRO

FESTIVAL

Marvest gets set to welcome more than 50 local performers

Haley Ritchie
Metro | Ottawa

CityFolk music festival organizers have announced the local lineup for the second annual Marvest, the Glebe-centric sideshow inspired by the SXSW Festival in Austin, Texas.

As Lansdowne gets ready to welcome some big names at the CityFolk festival on Sept. 15, bars and restaurants along Bank Street are also getting ready to welcome more than 50 local performers.

Acts selected for this year's Marvest include 17-year-old blues songstress Angelique Francis, indigenous rapper and electronic artist Cody Coyote and "Spy-Fi" surf band the Reverb Syndicate.

Other artists include Atherton, Average Times, Braden Folks, Brandon Allan, Buck-N-Nice, City Fidelia, Claude Munson, David daCosta, Dear Blackwolf, DJ Acro, Dylan Phillips, ERU-ERA, Future States, Harea Band, How Far To Mexico, Jesse Dangerously, Julie Corrigan, Kelsey Hayes, Kilmanjaro, Lovegood, Lynne



Marvest — a SXSW Festival-inspired music showcase — is coming back to the Glebe this year. GILLES VEZINA PHOTO

Hanson, Old Man Grant, Pony Girl, Saint Clare, St. Stephen's, TELECOMO, The John Punch Band, The Monroe Sisters, The Rifle & The Writer, The Stringers, The Tackies, Tony Turner, Tribe Royal, Ty Hall, Valois, William Lamoureux, Winchester Warm, and Yao.

Marvest is a recent addition to the festival that started in 2015. According to a press release, it "celebrates the bounty of talent that has taken root and flourished in the Ottawa area."

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Kidney disease affects two sisters

AWARENESS

Shocked when they got their diagnoses, the pair share info

 Haley Ritchie
Metro | Ottawa

Gina Hedges and her sister Stephanie went to the hospital 20 years ago with the intention of donating a kidney to their ailing mother. Instead, they found out all three shared the same diagnosis.

"My sister and I thought we could donate a kidney to her, so we went through our testing, and found out that we have it," said Gina Hedges. "It was

a shock. I barely knew anything about it, I didn't know what it was."

The disease that Hedges, her sister, and their mother have is called polycystic kidney disease, or PKD. It's a genetic disorder in which cysts grow on the kidneys, interfering with the organ's ability to clear toxins from the body.

Despite being less well known than cystic fibrosis or muscular dystrophy, around 1 in 1,000 people in the United States have it (no similar statistics exist in Canada).

In the short three years following her diagnosis, the family found a kidney donor, but even after a successful transplant, Hedges' mother contracted pneumonia and died of cardiac arrest at age 50.

The pain of losing their mom

was even more traumatic for the sisters — age 24 and 21 — because they felt they were looking at their own future.

"She left so quickly. In our brain it was 'You have a kidney transplant and you die.' That was my thought process going forward.

"It affected me, even though I didn't have symptoms until 38 or 39," said Hedges.

Hedges, who once loved dancing, is restricted to light exercise and has to carefully watch her diet. She's undergone a number of medical treatments and manages chronic pain. She may also need a kidney transplant in the future.

She's also co-ordinator of the PKD Foundation, which fundraises for research and supports patients — something she hopes could make life easier for her three-year-old niece, who was diagnosed while her sister was pregnant.

There's room for improvement, according to Dr. Manish Sood, a kidney specialist at the



Gina Hedges and her sister Stephanie were both diagnosed with polycystic kidney disease (PKD) while trying to donate a kidney to their mother. CONTRIBUTED

Ottawa Hospital.

"We don't know how many people are experiencing kidney failure from it, we don't know if treatments are optimized," he said. "From a Canadian perspective, we're still in the dark

about this disease."

While there's no cure right now, Sood said more awareness and better data could help patients, researchers, and doctors.

In Ottawa, Sept. 4 is PKD Awareness Day and a charity

walk is planned for Oct. 1.

"I just want to make sure I can do the best to get a cure or something, so my niece doesn't have to deal with the things my mom, myself and my sister have dealt with," said Hedges.

 From a Canadian perspective, we're still in the dark about this disease. Dr. Manish Sood, kidney specialist

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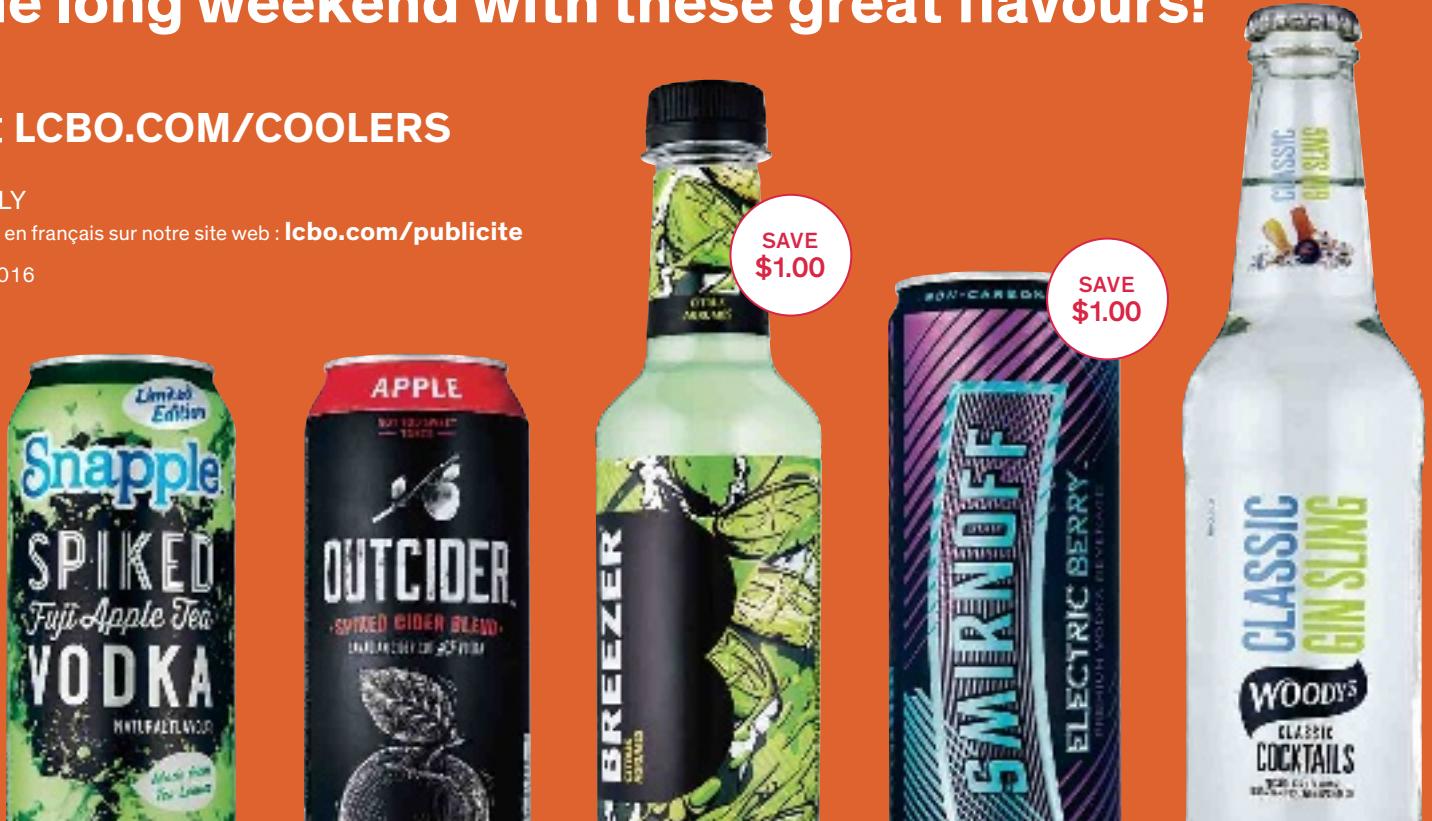
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The public piano at Walter Baker Park in Kanata was damaged and its wooden bench smashed between Aug. 24 and 25. CONTRIBUTED

Vandals strike but piano back on key

KANATA

Authorities sound off after attack on park instrument

The music hasn't died at Walter Baker Park despite vandals ripping apart a public piano and smashing its wooden bench in the Kanata park's gazebo last week.

The vandalism likely happened sometime between Aug. 24 and 25, said Kanata South Coun. Allan Hubley, adding city staff are checking over security camera footage.

"They didn't do this for personal gain," said Hubley. "They came out here and trashed it. That's very disturbing."

"It's troubling someone would do something like that."

Someone had put the piano back together by Aug. 26. The

interior of the piano didn't seem to be damaged and the keys played their notes, but the bench remained in a pile of splintered wood.

Children still flocked to the instrument, banging out notes and giggling to each other at the noise.

The piano has been very popular — with people of all ages and musical abilities — since it was installed last summer, said Hubley. He said it would be a real loss to the community to see it removed for good.

"Taxpayers can't pay to fix these things; once they're damaged they're gone," he said.

It's troubling that someone would do something like that.

Coun. Allan Hubley

Hubley's office sponsored the piano this year (Glenview Homes was the sponsor last year) and he said there's a small amount of funds available for fixes this time around.

A repair crew had been called to assess the damage and determine if the piano could remain in the park. No decision had been made as of Aug. 26.

A park bench further down the pathway that runs around the gazebo had also been knocked askew, bent far back on its legs.

The councillor's office was following up with Ottawa police to ensure a report had been filed.

Hubley said his office was also checking with parks and recreation to see if any other equipment in the park had been damaged. A brief survey of the area around the gazebo showed no further damage..

JESSICA CUNHA/METROLAND MEDIA

IN BRIEF

Teen cyclist is killed

Quebec Police have confirmed that a 13-year-old boy has died after being struck by a vehicle in Lochaber, Que. The young cyclist was hit by an SUV Monday evening after dark on route 148, near Thurso. HALEY RITCHIE/METRO

Missing sailor's body found

Ottawa police say they have found the body of Stephen Cozzette, a boater who has been missing since Saturday. Cozzette, 57, was last seen sailing on the Ottawa River. LUCY SCHOLEY/METRO

EDUCATION

Math exam grades still not adding up

Half of all Grade 6 students in Ontario did not meet the provincial math standard this year, continuing a steady decline in test scores over the past five years.

Standardized test results for elementary school students released Wednesday by the province's Education Quality and Accountability Office show that while reading results are improving, math results are getting worse.

This year only 50 per cent of Grade 6 students met the math standard, compared to 58

per cent in 2012. The Grade 3 math results showed a decline too, with 63 per cent of students meeting the provincial standard, compared to 68 per cent in 2012.

Grade 9 math results were steady compared to 2012, with 83 per cent of those in the academic math course meeting the standard and 45 per cent in the applied course meeting it. The previous education minister has said the persistently low scores in the applied program needed to be addressed.

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Dragonfly 44 made up of dark matter

SPACE

Astronomers discover galaxy that 'shouldn't be found'

David P.
Ball

Metro | Vancouver

Many a discovery or idea was hatched over a pint of ale: DNA, the existence of carbon dioxide and Pet Rocks among them.

But a "beery" conversation four years ago has led two astronomers, including a Canadian observational cosmologist, to stumble upon a gigantic galaxy that's as heavy as our own — but has almost no visible stars.

It's named Dragonfly 44, and University of Toronto's Roberto Abraham estimates it's made

of 99.99 per cent dark matter, a mysterious cosmic material only observable through its gravitational effects.

"This is a really massive galaxy, about the same mass as our Milky Way, but it's almost pure dark matter," Abraham told Metro.

"Dragonfly 44 is a different type of galaxy. You could think of it almost like a cloud that's enormous but hardly has any stars in it. Such things shouldn't really exist."

Scientists have known about dark matter since the 1970s, he explained, but despite many "wildly speculative" theories amongst scholars no one knows what it actually is yet.

Even our own Milky Way is believed to contain some dark matter at its core. But Dragonfly 44 is the largest galaxy ever discovered that's mostly dark matter, he said.

"Galaxies like this should not

be found, and they shouldn't last," he said. "Think of it as just seeing the frosting on the cake but not seeing the cake."

As for the name Dragonfly 44, Abraham explained that he and his colleague, Yale astronomer Pieter van Dokkum, found it using the Dragonfly Telephoto Array — a telescope they invented using 48 commercial Canon telephoto lenses joined together, which they hoped to use to study how galaxies form.

"We came up with the idea of using (many) lenses for a telescope over a beery conversation about four years ago," he said. "It is a pretty novel concept that's enabling us to go after objects that are otherwise undetectable."

"This (discovery) emerged more or less by accident ... We thought, 'Hang on, there's nowhere near enough stars for this thing to have all this mass coming from them.'"



The Dragonfly 44 galaxy was spotted using the Dragonfly Telephoto Array, a multi-lens telescope invented by University of Toronto's Roberto Abraham and Yale's Pieter van Dokkum.

CONTRIBUTED



IN BRIEF

Feds send fact-finding mission to Mali

The federal government is sending a fact-finding mission to take a closer look at the United Nations peacekeeping operation in Mali. Officials insist the mission does not mean the government has decided to send Canadian peacekeepers to the West African country. But it does suggest Mali, despite being the most dangerous peacekeeping operation in the world, is on the Canadian short list.

THE CANADIAN PRESS

ROYAL MILITARY COLLEGE

Inquiry looks into spate of deaths

Canada's armed forces says it's looking into a recent spate of deaths involving students or recent graduates from the Royal Military College.

Four men have died since April, prompting officials to start probing the circumstances around the various cases.

Royal Military College spokeswoman Lt. Jennifer Fidler says the commander of military personnel command has convened a board of inquiry into the deaths of three officer ca-

dets who were students at the school in Kingston, Ont.

Harrison Kelertas, 22, and 20-year-old Brett Cameron died within days of each other on the RMC campus, while 19-year-old Matthew Sullivan died earlier this month in Saint John, N.B.

Fidler says a separate board of inquiry is looking into the death of 39-year-old Sub Lt. Eric Leclerc, who died while serving at CFB Borden in June. She says the causes of the deaths are under review. THE CANADIAN PRESS



Chinese Premier, Li Keqiang, right, shakes hands with Prime Minister Justin Trudeau following a news conference in Beijing, China, on Wednesday. ADRIAN WYLD/THE CANADIAN PRESS

Free trade talks hit snag

BEIJING

China has been urging Canada to begin negotiations

Formal free trade talks between Canada and China have yet to proceed because of snags over labour, the environment and concerns linked to Chinese state-owned enterprises, says Ottawa's envoy to Beijing.

Ambassador Guy Saint-Jacques highlighted those sticking points Wednesday after Chinese Premier Li Keqiang said Canada and China would soon launch a feasibility study on an eventual free trade deal.

Li spoke to reporters through a translator after meeting with Prime Minister Justin Trudeau. Asked about the remarks, Saint-Jacques denied that the two sides had agreed to begin formal negotiations.

But Saint-Jacques, who accompanied Trudeau at meetings Wednesday with Li and later with President Xi Jinping, did share some details of the prime minister's position on the matter.

"The prime minister said that the approach that Canada takes when it comes to a free trade agreement is that it must include a number of important items — he mentioned two political and two economic issues," Saint-Jacques said.

On the political side, he said it was important for Trudeau that modern free trade deals include chapters on labour and on the environment.

Saint-Jacques said the prime minister also made it clear that any deal with China must "address the impact of state-owned enterprises" and procurement.

"And as you know, those areas are problematic," he said.

"I would say that a lot more work needs to be done on those areas. I would say the prime minister was quite clear on this."

Takeovers of Canadian firms by Chinese state-owned enterprises have proved highly controversial in the past. The concerns led the former Conservative government to restrict state-owned Chinese investment in Alberta's oil sands.

For its part, China has been urging Canada to negotiate a free trade agreement.

THE CANADIAN PRESS

ECONOMY

Tories, NDP seize on GDP fall to slam Liberals

The Opposition Conservatives and the NDP seized on Wednesday's news of grim second-quarter economic growth as evidence that the Liberal government's election promises of jobs and prosperity are falling well short of expectations.

The economy recorded its worst performance in seven years during the quarter, Statistics Canada said Wednesday.

"This is the biggest drop in GDP since the end of the Great Recession," said Phil McColeman, Conservative deputy finance critic. THE CANADIAN PRESS

because of the huge wildfires that levelled parts of Fort McMurray, Alta.

It's bad news for a government that campaigned on growing the economy with deficit spending and boosting the middle class. That prescription isn't working, the Tories say.

Real gross domestic product fell at an annualized rate of 1.6 per cent in the quarter, largely

SAFETY

Gaps put kids at risk of online exploitation

There are "serious gaps" — in resources, training and research — in efforts to protect young people from online sexual exploitation, warns a study prepared for the federal government.

It means "much more still needs to be done" to ensure the safety of vulnerable children, especially in regions that lack the people and programming to make a difference, says the examination of 60 public-sector and non-profit agencies across

the country.

The study, completed in March for Public Safety Canada by an Ottawa consulting firm.

Public Safety commissioned the research to build on its work against online exploitation and "ensure that federal investments are targeted at the areas of greatest need," the study said.

It followed an internal department memo in February that warned of insufficient police resources to keep pace with the

TECHNOLOGY

Access to technology and social media are no longer optional for many young people, who see them as essential to their social status, the study said.

burgeoning threat to children from online sexual predators. Cybertip.ca, a national tipline

to report suspected online sexual abuse of children, has seen increases in reporting, including with respect to the severity of acts and images of very young children.

Although data is limited, some believe online child sexual exploitation has reached "a level of epidemic proportions" that, if left largely unaddressed, will have devastating consequences for generations of children, the memo said.

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Trump and Peña Nieto talk wall

U.S. ELECTION

Mexico visit an attempt to paint candidate in a different light

Standing alongside the president of Mexico, a measured Donald Trump on Wednesday firmly defended the right of the United States to build a massive border

wall along its southern flank but declined to repeat his frequent promise to force Mexico to pay for it.

Trump, the U.S. presidential candidate who is widely despised across Mexico, also sidestepped his repeated criticism of Mexican immigrants following a closed-door meeting at the official residence of the country's president, Enrique Peña Nieto. Trump and Peña Nieto, who has compared the New York billionaire to Adolf

Hitler, addressed reporters from adjacent podiums flanked by a Mexican flag.

"We did discuss the wall. We didn't discuss payment of the wall," Trump said.

In his announcement of his presidential candidacy last year, Trump derided Mexico as a source of rapists and criminals coming to the U.S., and his presence on Wednesday sparked anger and protests across the capital city. A former Mexican

president bluntly told the celebrity businessman that, despite Peña Nieto's hospitality, he was not welcome.

"We don't like him. We don't want him. We reject his visit," former President Vicente Fox told CNN, calling the trip a "political stunt."

Peña Nieto was less combative as he addressed reporters alongside Trump, though he acknowledged the two men had differences. THE ASSOCIATED PRESS



Donald Trump delivers a joint press conference with President Enrique Peña Nieto in Mexico City on Wednesday. AFP/GETTY IMAGES

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SOUTH AMERICA

Brazilian president removed from office

Brazil's Senate on Wednesday voted to remove President Dilma Rousseff from office, the culmination of a fight that paralyzed the nation and exposed deep rifts among its people.

While Rousseff's ouster was widely expected, the decision was a key chapter in a colossal political struggle. Rousseff was Brazil's first female president, with a storied career that includes a stint as a Marxist guerrilla jailed and tortured in the 1970s during the country's dictatorship. She was accused of breaking fiscal laws in her management of the federal budget.

Opposition lawmakers, who made clear early on the only solution was getting her out of office, argued that the manoeuvres masked yawning deficits from high spending and ultimately exacerbated the recession in a nation that had enjoyed darling status among emerging



Dilma Rousseff ASSOCIATED PRESS

economies.

The opposition needed 54 of the 81 senators to vote in favour for her to be removed. They got many more, winning in a landslide of sorts, 61-20.

"Today is the day that 61 men, many of them charged and corrupt, threw 54 million Brazilian votes in the garbage," Rousseff tweeted minutes after the decision. THE ASSOCIATED PRESS

SCIENCE

Fossils may be oldest signs of life on Earth

Scientists have found what they think is the oldest fossil on Earth, a remnant of life from 3.7 billion years ago when Earth's skies were orange and its oceans green.

In a newly melted part of Greenland, Australian scientists found the leftover structure from a community of microbes that lived on an ancient seafloor, according to a study in Wednesday's journal *Nature*.

The discovery shows life may have formed quicker and easier than once thought, about half a billion years after Earth formed. And that may also give hope for life forming elsewhere, such as Mars, said study co-author Martin VanKranendonk of the University of New South Wales and director of the Australian Center for Astrobiology.

"It gives us an idea how our planet evolved and how

life gained a foothold," VanKranendonk said.

Scientists had thought it would take at least half a billion years for life to form after the molten Earth started to cool a bit, but this shows it could have happened quicker, he said. That's because the newly found fossil is far too complex to have developed soon after the planet's first life forms, he said.

In an outcrop of rocks that used to be covered with ice and snow, the Australian team found stromatolites, which are intricately layered microscopic layered structures that are often produced by a community of microbes. The stromatolites were about 1-4 centimetres high.

It "is like the house left behind made by the microbes," VanKranendonk said.

THE ASSOCIATED PRESS

Milk price going up again

FOOD

Second hike in a year likely to be passed on to consumers

Restaurateurs are crying foul over a second industrial milk price increase this year set to take effect Thursday, which they say will likely lead to higher food prices.

In July, the Canadian Dairy Commission decided to raise the price of industrial milk — which is processed into yogurt, ice cream, cheese and butter — by 2.76 per cent. That's on

top of a 2.2 per cent hike that occurred in February.

It's the first time the CDC has increased prices twice in one year since 2008. The latest hike is being introduced because of a "very unique and unexpected situation," Benoit Basillais, CDC's chief of policy and economics, said in an email.

Basillais said the hikes came because producer revenues "decreased rapidly" last fall, in part due to a decrease in global demand from importing countries and changing consumer preferences — and revenues did not stabilize by early spring as anticipated.

Basillais added that the



Industrial milk is going up by 2.76 per cent from Thursday.

THE CANADIAN PRESS

move was intended to be "an advance" of the CDC's December price decision for next year, though he said it's premature to say there will be no increase next year.

While the hike in prices may provide a reprieve for producers, it's likely to put a burden on restaurateurs who must decide whether their customers can stomach higher prices.

It seems likely diners will end up paying more, according to Pierre Cadieux, vice-president of federal and Quebec government relations for Restaurants Canada, a not-for-profit association representing 30,000 businesses in the restaurant and food-service industry.

"That (price hike) has to be passed on to the consumer somehow," he said. "So, it's reflected in our menu prices. It's reflected in changes to the menu." THE CANADIAN PRESS

GLOBAL EXPANSION

Tim Hortons plans to open cafés in Britain

Tim Hortons is continuing its international expansion with plans to open its first full-service coffee shops in Britain.

The company partnered with an investor to establish a master franchise joint venture company that will open the stores in England, Scotland and Wales.

In late July, Tim Hortons announced a similar agreement in the Philippines, which is the brand's first stop in Southeast Asia.

It did not specify how many stores it plans to open in Great

Britain or when, but a spokesperson said in an email that it seeks to be a leader in the market.

Daniel Schwartz, CEO of Restaurant Brands International, said in a statement that the area is an attractive market with a strong and growing coffee culture.

RBI, the parent company of Tim Hortons reported its second quarter earnings this month, which showed the number of Tim Hortons locations increased about three per cent to 4,464 stores.

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ROSEMARY WESTWOOD in Vancouver

It's common parlance in harm-reduction circles that every overdose is preventable. By that standard, B.C. is failing dramatically in the face of the fentanyl crisis.

This is the last in Rosemary's three-part series on the major issues facing Vancouver.

Speak to those at the front lines of the unprecedented drug overdoses hitting Vancouver and, if they've been around long enough, the 1990s will come up.

It was a decade of headline-grabbing OD deaths, peaking in 1998 when 417 people in B.C. died from illicit-drug overdoses.

But 2016 is shaping up to be far, far worse.

Already, at least 371 people have died in the province, a two-a-day rate that could translate into 800 deaths by year's end. The provincial health officer declared an emergency in April.

The highest-profile culprit is fentanyl, a viciously toxic synthetic opioid detected in 60 per cent of OD deaths this year and 86 per cent of drugs at Insite, Vancouver's safe-injection site. It's spreading across the country at an alarming pace.

"2015 was the first year the number, the rate, was above 1998," noted Dr. Jane Buxton, an epidemiologist and head of harm reduction for the B.C. Centre for Disease Control.

"I'm either so angry or so heartbroken," Ann Livingston, a long-time activist with the Vancouver Area Network of Drug Users (VANDU), told me. "I think, Oh my God. We went through this in the '90s, and we lobbied like hell, and we got Insite, so there was some sense of moving forward. And now there seems to be even less action."

Why should death by overdose entail any less federal action than death by poisoned water, for instance?

It's a sentiment that might surprise anyone aware of the growing headlines on opioid overdoses across this country over the last two years, from Alberta's 270 fentanyl-related deaths in 2015, to a recent national investigation by the *Globe and Mail*, to this week's statement from Ontario police chiefs and community safety groups calling 2016 a

But all this is not enough for Livingston. It's common parlance in harm-reduction circles that every overdose is preventable. By that standard, she says, B.C. is failing dramatically.

Buxton, the epidemiologist, notes that the province is trying to get naloxone into every hospital emergency department and every prison by



People carry a coffin to remember overdose victims, during a procession to mark Overdose Awareness Day in the Downtown Eastside of Vancouver, B.C., on Wednesday. CP

record-breaking year for overdose alerts and warning that fentanyl is a "ticking time bomb."

In response, both B.C. and Alberta have struck overdose task forces, and Manitoba has a fentanyl-awareness task force. The federal government has made naloxone — a life-saving anti-overdose drug — available without prescription nationally. The move is part of Health Canada's "Action on Opioid Misuse" plan, and yesterday, to mark International Overdose Day, the ministry announced it was "moving forward" with a plan to restrict six chemicals used to make fentanyl, citing RCMP reports of "an increase in domestic production" of the drug, which is also made in China and shipped into Canada.

the end of the, but Livingston believes such measures don't go far enough to combat a "perfect storm."

In her eyes, the explosion of fentanyl and related deaths is a symptom of ineffective drug, homelessness and policing policies. She cites insufficient or ineffective recovery programs; a clamp-down on opioid prescribing that drives those with addictions to street drugs; and lower welfare support for the homeless, which she argues leads greater numbers of drug users into jails, and thus raises their risk of post-release overdose.

And she blames the dearth of legal, publicly accessible safe-injection sites like Vancouver's Insite, still the only such facility in North America — a legacy of the Harper govern-



ment, which fought the site all the way to a loss at the Supreme Court, and then legislated onerous rules that have curtailed efforts to duplicate Insite, and its undisputed public-health success, elsewhere.

Judging by the Liberal government's messaging, that could change. A year ago, on a campaign stop in Vancouver, Justin Trudeau told a crowd, "I certainly want to see more safe-injection sites opened around the country." In March, his health minister, Jane Philpott, told the CBC, "Sites like Insite in Vancouver and others like them have the possibility to save countless lives."

But possibility and reality are miles apart. And possibility is where many proposed sites — in Victoria, in Toronto, and five more in Vancouver — remain. While Canadians continue to die at alarming rates, the Liberal government has given no indication that undoing the Conservative legislation is a priority.

It is hard to view that as anything other than heel-dragging. Fentanyl is sweeping across the country like a disease outbreak, except those being killed are drug users, their deaths muted by stigma and prejudice.

"You know what will speed this up, I think?" Livingston told me. "Parents of kids who've died need to sue, right away. I tell ya, I would. Because it's part of this awful stigma. If you're a drug addict, you're supposed to be so ashamed of yourself that your life doesn't matter."

B.C. is already calling the fentanyl crisis what it is — a public-health emergency — and Ottawa needs to follow suit. Why should death by overdose entail any less federal action than death by poisoned water, for instance?

"We shouldn't have to wait," Livingston said, "while they fiddle and fiddle and argue, or whatever the hell they're doing, while our kids die."

E-sports: Where women don't have to be scrubs



Samantha Emann
Metro | Toronto

The next big thing in arts and entertainment is competitive video-gaming. You might not realize it yet, but you soon will.

The biggest tournaments in "e-sports" — competitions involving games like League of Legends, Starcraft 2 and Counter Strike: Global Offensive (CS:GO) — draw audiences comparable to those of major mainstream sporting events. By 2019, according to market research, it will be a billion-dollar business, which is what the NHL was in about 1998.

Count on it: E-sports is going to be making people rich and famous. Women make up about half of non-pro gamers in North America, and women gamers have none of the physical disadvantages that have kept them out of traditional pro sports. Competitive gaming should be the first big-time sport in which men and women share equally in the glory and spoils.

But, right now, sponsors, advertisers and other stakeholders in the e-sports business are not looking at women as a viable demographic, either as players or consumers.

A woman in e-sports is "a small fish in a very large pond — a fish in a shark tank," said Laure Guilbert, a former manager for Team YP, which has teams competing in games like Street Fighter and League of Legends. She says the business side of the e-sports community needs to play catchup.

"There are not a lot of sponsors that are putting forward women as professional gamers," she said. "We can't force tournaments to include them if there are no teams to be included."

Stephanie Harvey is a Can-

adian and a five-time world champion in the popular team shooter CS:GO. She co-founded of Misscliks, an advocacy organization for women in esports and geek culture.

While all players face some taunting, she said, the abuse directed at women is different in that it's often about looks and sexuality, rather than skill and gameplay.

"Women are targeted even if there is no reason for them to be targeted," Harvey said. "For a man, he needs to have done something (in game) to be targeted. For women, just me being there."

This industry has already broken barriers and overcome stereotypes. It wasn't long ago that gamers were assumed to be white, male, heterosexual slackers who were socially inept and lived on a diet of Doritos and Mountain Dew. Now gaming's most recognizable celebrities are more diverse, and people of many different races, backgrounds and sexualities are represented.

As an avid gamer myself, I have so much respect for people like the proud geeks of Misscliks, who show that women, who have always had a part to play in the gaming community, will continue to fight for their rightful share of this industry and its expanding rewards.

I have had many a ranking marathon and encountered my fair share of trolls but I look forward to being a part of the progress and growth of this burgeoning scene. We were there in the Dorito Dark Ages and we'll be there in the E-Sports Night in Canada future.

Samantha Emann samantha.emann@metronews.ca is a Metro copy editor and co-host of Scrub League, an e-sports podcast. Hear it at metronews.ca/podcasts

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Just a man trying to pay the bills



Stan Lee says he has a bad memory — that's why he employed alliteration to his characters' names like Peter Parker, Matt Murdoch and Bruce Banner, he tells Metro. GETTY IMAGES

FAN EXPO

Artist Stan Lee reflects on his remarkable career, legacy

Richard Crouse
For Metro Canada

Despite laying the foundation for the wildly popular Marvel Universe, Stan Lee says he is no superhero specialist.

"I'm not an expert of any sort," says the 93-year-old on the line from his Los Angeles office.

"I really try to think of stories that I myself would like to read. I never try to write for a certain segment of the readership. I write for myself and I hope that I'm not that unusual. If I like it other people might also like it."

When it came to naming his characters he had an unusual habit of using alliteration — think Peter Parker, Bruce Banner, Matt Murdoch and Reed Richards — for a very practical reason.

"It's because I have a bad memory," he says. "If I could remember one of the names like Spider-Man, if I could remember his first name was Peter then I knew his second name began with a P. That is

really the only reason. I have a terrible memory for names and by making the first and second letter the same, if I thought of one name I had a clue as to what the other was."

Lee, who will appear at Fan Expo in Toronto this weekend in what is being billed as his last Canadian appearance, enjoys superstar status. But he is humble when asked about his legacy. "I didn't go out of my way to be enduring," he says.

In fact, when he began writing comic books over 70 years ago, "I was just hoping that somebody would buy them so I could keep my job and be able to pay the rent. In a million years I wouldn't have thought I'd be travelling around the country, talking to people like you about the comics."

"I just hope that maybe I brought some enjoyment to people, and they enjoyed reading the stories."

And they have. Bolstered by passionate fans — or True Believers as Lee calls them — support for Lee's work has endured in the form of movies, video games, books and on hundreds of comment boards where aficionados pit superhero against superhero in epic

I think of myself as being like Tony Stark because he's glamorous and intelligent and handsome

Stan Lee

make-believe battles and argue over who would emerge victorious. Lee, however, claims he doesn't have a preferred character.

"People expect me to have a favourite," he says, "so I always say Spider-Man because that's what they expect. I'm really not good at favourites. I really love them all."

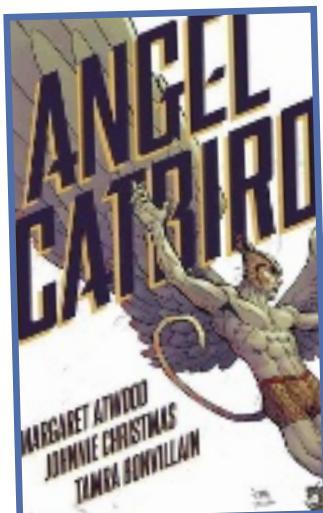
So out of Spider-Man, Hulk, Professor X or any of the other 300 or so characters he created, who does he most relate to?

"Of course I think of myself as being like Tony Stark because he's glamorous and intelligent and handsome," he laughs.

"But seriously I think there is a little bit of everybody in all these characters. I think that's why them seem to be popular. I tried to give them all hang-ups and weaknesses. None of them are really perfect. They are just like regular people, I hope."

INTERVIEW

Atwood isn't worried about diversity in comic books



Melita Kuburas
Metro | Canada

In Margaret Atwood's new graphic novel series *Angel Catbird*, even the hero's pants have an origin story.

Choosing from a selection of six bottoms, as illustrated by Johnnie Christmas, the author settled on a feathery brown pair with a red waistband: "Very simple; leathery; attractive," Atwood tells Metro.

In the comic, set for release Sept. 6, the title character's alter-ego Strig Feleedus receives the pants as a gift from his love interest and fellow part-cat-part-human, Cate Leone.

"It's the Superman problem: where does he get the outfit? Does he have it on all the time, under his suit? So we went with an origin story for the pants. All of these things have to be considered because inquiring minds will ask," Atwood says about the level of detail required when putting together the series, which will see Vol. 2 released in February.

Angel Catbird is a superhero with a conflicted identity — when he sees a chick threatened by a cat, he places it back in the nest rather than join in on the pounce.

In a partnership with Nature Canada, the book is peppered



with statistics on the dangers outdoor cats face, as well as how they contribute to bird deaths and the environmental impact of declining songbird populations.

Atwood has long been a fan of comics, especially ones with a message — even Walt Kelly's *Pogo* was political in its day, she says.

"There's a classic from the '90s called *BlackSad*, it's a cat

and he's a noir detective...it's quite wonderful but it's about race politics in the States," she says.

Now, the genre is more diverse than ever, and niche audiences are helping give rise to "really complex, interesting, immersive stories," she says.

Strong female characters are being increasingly represented in the community, and they're given storylines that are more racy than those in the mainstream Marvel universe.

"There's one called *Lady Killer*, which is a '50s housewife who doubles as an assassin. It's pretty funny. Then there's one called

Bitch Planet," says Atwood.

Atwood was impressed with this diversity when she attended San Diego Comic Con in July (she is also slated to attend Fan Expo Canada on Saturday).

"What we're having in comics is what happened in television a while ago, and in books probably around the turn of the century or earlier," she says.

If there is a void, it's being filled very quickly, she adds. There are comic publishers devoted entirely to LGBTQ+ themes.

"There's one called *Mama Tits Saves the World*, in which *Mama Tits* is a drag queen. But she doesn't have a back story yet so I'd like to hear the backstory of how *Mama Tits* became *Mama Tits*."

The trickle-down effect of sexual assault cases

THE BEST KIND OF PEOPLE

High-profile affairs in the media inspire crime novel

Sue Carter
For Metro Canada



If there is any glimmer of a bright side to be found in high-profile sexual assault stories such as Jian Ghomeshi's trial and the accusations against Bill Cosby and former Fox News chairman Roger Ailes, it's that discussion about rape culture and consent has opened up in an unprecedented way.

But one conversation that rarely gets touched in the media frenzy is the effect these crimes have on the families and loved ones of the accused. That sensitive subject is at the heart of award-winning Toronto author and poet Zoe Whittall's provocative new novel,

The Best Kind of People.

Set in a sleepy Connecticut town, George Woodbury — local hero and perennial winner of the teacher of the year award — is charged with sexual misconduct and attempted rape of several students at his school, where his daughter Sadie also attends. As the story shifts perspectives, Whittall goes deep inside the heads of Sadie, her brother Andrew, and George's wife Joan, as they struggle to both defend their family's patriarch and their growing doubts over his innocence.

The genesis of the novel came in 2009 when Whittall was listening to an interview on CBC Radio's *The Current* about a support group for women who decide to remain with partners convicted of sex crimes.

"I was completely occupied by the idea that anyone would want to stay with someone through such a thing," she says. Initially, Whittall wanted Joan to be fully aware of her husband's crimes, but as the story evolved, she decided to complicate the emo-

tional plotline by having the character deal with questions over her husband's story and her mixed feelings about staying with him.

Whittall says that when she started writing the first draft it was tough for her to have empathy for Joan, but in the end it was Sadie's character that proved to be the biggest challenge.

"Talking to teenagers and parents of teenagers now, they're so much more sophisticated than I was at that age, and the idea of consent has changed so much since then," she says. "It was really interesting to write Sadie and accurately portray the confusion she would be feeling, and the level of knowledge and intelligence she would have."

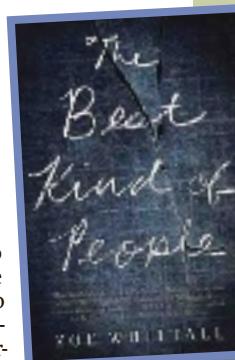
Like so many others, Whittall was "absolutely glued" to the coverage of the Ghomeshi and Steubenville High School assault trials, but was careful not to dominate the narrative with her own opinions.

"There were a number of drafts where I was just blurting it all out. The heavy-hand-

ed 40-year-old feminist voice in my mind would come out and I'd have to pull back and say, 'That's me,'" Whittall says. "I tried to develop those characters so they'd be realistic and different from each other and not didactic in any way."

Ultimately, *The Best Kind of People* does not offer any easy solutions or lessons, and its twisted but ambiguous ending is a reminder that for the Woodbury family and others, the story doesn't die once the media loses interest. "There's an interesting quality of 'life goes on,'" says Whittall. "It's very strange, and very human."

Sue Carter is the editor at Quill & Quire magazine.



Toronto author and poet Zoe Whittall says she was "absolutely glued" to the coverage of the Ghomeshi and Steubenville High School assault trials. HANDBOUT

Chomsky responds to Wolfe's portrayal

After satirizing everything from "radical chic" to 20th century architecture, Tom Wolfe is now mining the mystery of language and the reputation of the most influential linguist of our time, Noam Chomsky. Chomsky, in turn, has some thoughts about Wolfe, the celebrated New Journalist and author.

In his new book, *The Kingdom of Speech*, Wolfe examines how scholars have attempted to discern the roots of verbal communication. He reviews the debates between Charles Darwin, who likened speech to the "sounds uttered by birds," and other 19th century evolutionists. He notes how modern understanding centres on Chomsky's revolutionary theory that humans have an innate knowledge of language.

Wolfe duly acknowledges Chomsky's breakthrough, but sees a man so used to dominance in his field that he scorns or evades those who challenge his research.

He also suggests his stature as a linguist is tied to his years as an activist and left-wing thinker. He cites Chomsky's 1967 publication *The Responsibility of Intellectuals*, a landmark essay in *The New York Review of Books* that assailed the Vietnam War and



Tom Wolfe. AP PHOTO

accused intellectuals of failing "to speak the truth and to expose lies."

The timing was absolutely perfect, according to Wolfe.

"Chomsky's audacity and his Old World, Eastern European slant on life were things most intellectuals found charming, since by then, 1967, opposition to the war in Vietnam had become something stronger than a passion ... namely, a fashion, a certification that one had risen above the herd," he writes.

Chomsky's politics enhanced his reputation as a great linguist, and his repu-

tation as a great linguist enhanced his reputation as a political solon, and his reputation as a political solon inflated his reputation from great linguist to an all-around genius, and the genius inflated the solon into a veritable Voltaire, and the veritable Voltaire inflated the genius of geniuses into a philosophical giant ... Noam Chomsky."

Chomsky, a professor emeritus at the Massachusetts Institute of Technology, says that



for talks and demonstrations, enjoying the pleasures of tear-gassing and mace, organizing national tax resistance, and a lot more that constitutes real activism," Chomsky said.

THE ASSOCIATED PRESS

that he read an excerpt of the book in Harper's magazine and found "egregious errors."

He dismissed Wolfe's portrait of himself and other MIT faculty members as captives of air-conditioned campus buildings, uninterested in field work or new ideas.

He strongly questioned Wolfe's grasp of linguistics. And he objected to Wolfe's suggestion that he was an activist who "arranges to get arrested in the morning so that he can get out in time to make it to New York nightspots to show off his bravery," Chomsky told the AP.

"I'm sure Wolfe would very much enjoy a few days in the Washington cell block or facing a likely long prison sentence, not to speak of constant demonstrations, half a dozen or more talks a day to all sorts of groups, meetings to plan serious resistance activities, extensive travel

for talks and demonstrations, enjoying the pleasures of tear-gassing and mace, organizing national tax resistance, and a lot more that constitutes real activism," Chomsky said.

THE ASSOCIATED PRESS

GRAPHIC NOVEL

An all-ages comic with an accessible style

Gotham Academy Annual #1

BY: Becky Cloonan, Brendan Fletcher and Karl Kerschl

PUBLISHER: DC Comics

Mike Donachie
Metro | Canada

Anyone who hasn't been picking up *Gotham Academy* needs to learn all about it right now. This week, the title gets its first-ever annual, and it's the perfect place to join the class.

This self-contained story will bring you up to speed on the school friends in the Detective Club who investigate weird happenings in their old, crumbling school. Oh, and that school is in Gotham City, so familiar figures pop up everywhere and the secrets are linked to Batman's huge stable of enemies and allies.

Becky Cloonan, rightly a star of comic books, is doing superb character work on *Gotham Academy*, and Karl Kerschl's art — with an unusually accessible style for something set





JOHANNA SCHNELLER
WHAT I'M WATCHING

A perfume ad that celebrates being free

THE SHOW: Kenzo World commercial (YouTube)

THE MOMENT: The look into the camera

A beauty in a green gown (Margaret Qualley, *The Leftovers*) excuses herself from a dull dinner and steps into a grand hallway (it seems to be Manhattan's Lincoln Center). She wipes away a tear. Then her eyes lock onto the camera. Intoxicating music (Sam Spiegel) begins to play. And she's off.

For three minutes, Qualley kicks, punches, twitches, shakes and prances. She makes faces in mirrors, dominates a man on his cellphone, shoots lasers from her fingers. Finally she leaps outside, flies through a huge eye made of flowers, and pounds her chest like Tarzan.

If Kenzo's dictum to this spot's director, Spike Jonze (*Her*), and its choreographer, Ryan Heffington (*Sia's Chandelier*), was, "Expensive but rebellious," they got their money's worth. Interestingly, we never see the perfume. More interesting: There's no suggestion of romance or se-

duction.

Typically, perfume ads imply, "Wear this to win him." But a growing number of spots feature women who are fiercely solo: Charlize Theron striding Versailles in a *J'Adore Dior* ad by Jean-Jacques Annaud (*Seven Years in Tibet*). Keira Knightley running away from suitors in two *Coco Mademoiselle* spots from Joe Wright (*Atonement*). Pixies bowling with bottles of Chance.

Qualley, who's 21 (deliberately young for a spokesmodel), out-rocks them all, with contorted expressions and spastic movements meant to defy prettiness. That look she gives the camera (Jonze used the same device in his 2001 video for *Weapon of Choice*, with Christopher Walken) stakes her claim: No male gaze here.

She's wild, she's free, and if she wears World, it's for herself.

Johanna Schneller is a media connoisseur who zeroes in on pop-culture moments. She appears Monday through Thursday.



Margaret Qualley, the star of the new Kenzo World commercial, moves in spastic ways meant to defy pretty. CONTRIBUTED

BOOK BRIEF

Justin Trudeau debuts in Marvel

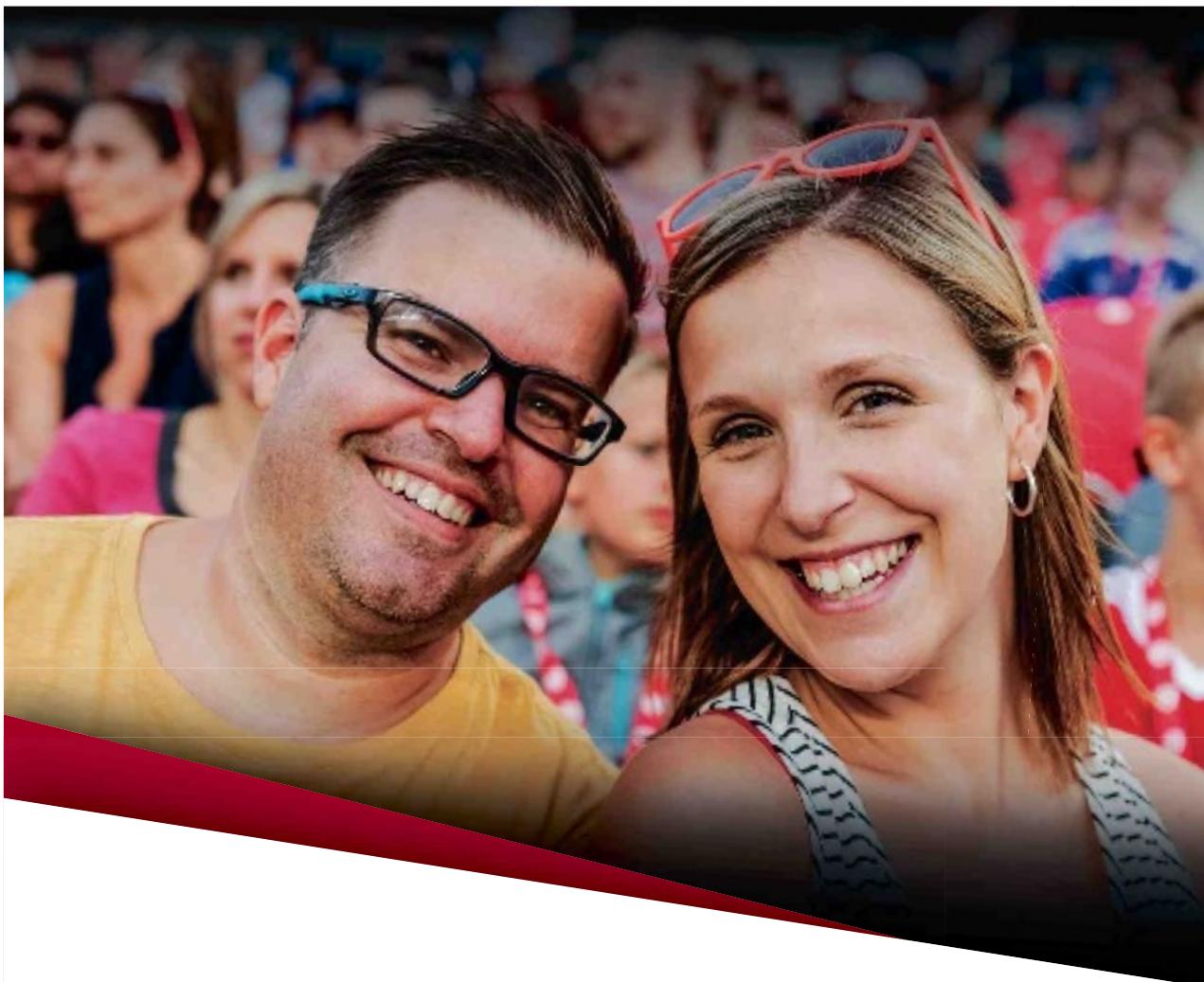
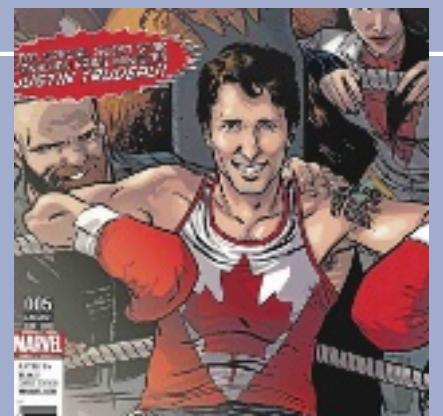
Prime Minister Justin Trudeau has officially entered the Marvel universe as a newly minted comic cover star.

Trudeau appears on the variant cover of issue No. 5 of Marvel's *Civil War II: Choosing Sides* released Wednesday. Marvel offered a sneak peek at the cover earlier this summer, which features Trudeau sitting, smiling and relaxed, in a boxing ring wearing a Maple Leaf-embazoned

tank, black shorts and red boxing gloves.

Standing behind him are Puck, Sasquatch and Aurora, who are members of Canadian superhero squad Alpha Flight, while Iron Man is seen in the left corner with his arms crossed. In the special issue, Trudeau offers advice to members of Alpha Flight — formally the Canadian peacekeeping force — during a visit to his Ottawa office.

THE CANADIAN PRESS



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Rural living with urban benefits

Project overview

Talos Homes' newest community, HighGate, is a neighbourhood of well-designed semis and single-family homes, including bungalows and two-storey designs, each located on wide, spacious lots. The homes are customizable to suit any style or need.

Housing amenities

Each home has a number of features, including oak or maple hardwood and ceramic flooring, crown molding, under-cabinet lighting and attractive stone or brick exteriors. Other home amenities include central air, a tiled fireplace and four stainless steel appliances.

Location and transit

HighGate is located in Carleton Place, about half an hour from downtown Ottawa. Highway 7 goes right through the town, making access to the surrounding area easy. Residents can walk to an array of shops, banks, restaurants and boutiques. The town also has a hospital and an arena.

In the neighbourhood

HighGate is right in the middle of an active, quickly growing town. Homeowners are minutes away from nearby parks, schools, churches and recreational facilities. Also, being close to the Mississippi River and Mississippi Lake means that residents can enjoy boating, fishing, swimming or walking by the water.

ILANA REIMER/FOR METRO

CONTRIBUTED

NEED TO KNOW

What: HighGate
Builder: Talos Homes
Designer: Talos Homes
Location: Off of High Street
Building: Singles, semis and bungalows
Sizes: 1,315 sq. ft. to 2,728 sq. ft.
Pricing: Starting from \$329,900

Model: Two to five bedrooms, two to 2.5 bathrooms
Status: Now selling
Occupancy: As early as November
Sales centre: 87 Dulmase Cres., Carleton Place
Info: 613-270-0777, taloshomes.com

DIY

Chime in on end-of-summer sounds

Bring tranquil sounds to your outdoor space with a wind chime made from simple elements such as copper, brass and wood. In Feng Shui, wind chimes are said to bring good luck and fortune to a home.

Step 1: Gather the supplies

We used thin metal sheets purchased from an art supply store, but you could also use metal bells. You could also consider using small pieces of driftwood, sea glass or shells collected from a beach holiday — just drill a small hole

through each to hang.

You'll need:

- Large brass ring
- Small brass rings
- Copper metal sheet
- Wooden beads
- Leather lace or strip
- Fishing wire or very thin metal wire
- Scissors
- Hammer
- Flat head nail
- Scrap wood
- Metal snips
- Safety gloves and glasses

Step 2: Loop it

Loop a strip of leather through the brass hoop. Add the wooden bead, knotting it at the top.

Step 3: Cut out metal shapes.

Using metal snips, cut out shapes from the copper metal sheets. Make sure you wear safety glasses and protect your hands from the sharp metal edges by wearing gloves.

Step 4: Pierce holes

Place the metal shape on a hard, level, wooden surface. Hold a flat head nail on the

metal shape and hammer the nail through the metal. It will take some effort to pierce a hole through the metal. Watch your fingers!

Step 5: Put together.

Use fishing wire or very thin metal wire to string the metal shapes and wooden beads from the brass ring. These were strung fairly randomly onto the brass ring checking occasionally to make sure that the objects had contact with each other.

TORSTAR NEWS SERVICE



Make your own wind chime to bring soothing sounds to your backyard — or just go buy one of the ones we found.

TORSTAR NEWS SERVICE

In defense of the city critters

ADVICE

Most city 'pests' are actually fairly benign

Mark Cullen
For Torstar News Service

You may hate me for saying this — but let me say it: Bring on the critters.

If you're fortunate enough to find yourself in Invermere, B.C., any time soon, you will notice every tree on the main street has a wire cage around it.

These have been installed at great expense to taxpayers in an attempt to prevent damage by deer. It is difficult to have a garden in Invermere, since the local deer have developed a palate for just about every living thing with leaves.

Even deer-resistant plants — look for a list of them on my website, markcullen.com/search-the-library/ — are pretty much useless in Invermere.

Squirrels have this in common with deer, I find. When they are

finished eating everything in sight that comes naturally to them, they start chowing down and destroying many plants that are not normally on their menu.

"Why is a red squirrel ripping the bark off my mature sugar maple?" one reader asked. My answer: "I have no idea."

To get the answer, you would have to get inside the brain of a squirrel and I am just not interested enough in the subject to become a full-time neuro-student of squirrels.

I say, "Garden calm and carry on."

I do not have deer or rabbits in my garden. I hear horror stories about them when I travel, from the densely populated urban centres of the country to the small towns and rural areas.

While on a speaking engagement in Muskoka recently, I took questions from the audience. The enquiries about deer damage quickly became a theme of the evening.

"Everyone with a deer problem, there is a special meeting afterwards. We will sit in a circle and have a deer therapy session," I suggested.

It got a laugh but we did not meet afterwards and there were



Mark Cullen argues that critters with a pesky rep are most a nuisance when we pay too much attention to them. SHUTTERSTOCK

no definitive answers to this dilemma. This column is not for deer victims. It is for the more urban set that wake up to raccoon scat on the patio or skunk smells where they were grubbing

for grubs in the lawn.

I know your frustration with rodents as many of them are dumped at the end of our driveway at our property north of the city.

You want raccoons, skunks and squirrels? We have them in spades.

Many are "city rodents." We can tell because they don't behave with their natural intellect;



'Why is a red squirrel ripping the bark off my mature sugar maple?' one reader asked. My answer: 'I have no idea.'

instead, the raccoons wander around in the daytime looking for shelter and squirrels get chased around by their more local, native cousins.

They look lost because they are. But they do precious little damage. For the most part, they seem to be a nuisance when we pay too much attention to them.

Mark Cullen is an expert gardener, Order of Canada recipient, author and broadcaster. Get his free monthly newsletter at markcullen.com. Look for his new bestseller, *The New Canadian Garden*, published by Dundurn Press. Follow him on Twitter @MarkCullen4 and on Facebook.

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The 52nd Vanier Cup, Canada's university football championship, takes place Nov. 26 in Hamilton. CONTRIBUTED

Football has deep roots in Canada

KICK OFF

Ottawa's CIS football teams ready for another season

JEN TRAPLIN

Football season is finally here and despite the fact that it's often billed as "America's Game," North American (or gridiron) football actually has

deep Canadian roots.

The University of Toronto claims the first documented football game was held there in 1861, while it's widely believed the first actual North American-style football games were held in Cambridge, Massachusetts in May of 1974 — a two-game series that pitted Harvard against Montreal's McGill University.

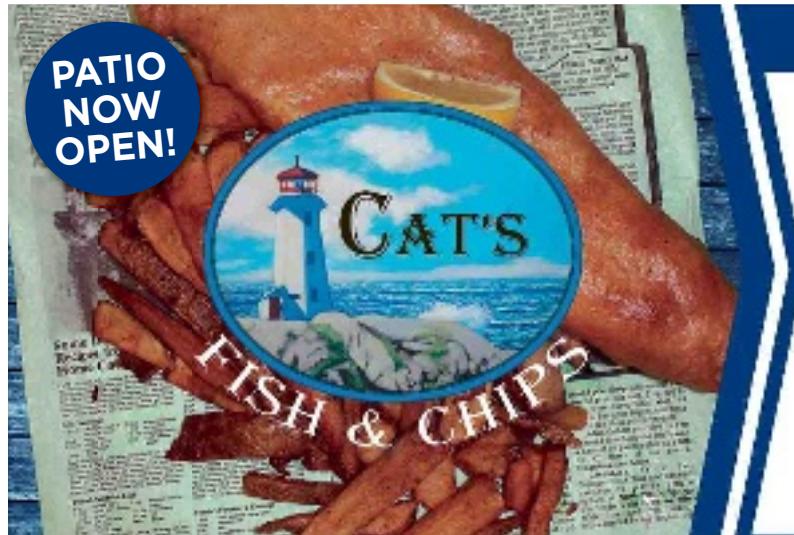
Soon after, intercollegiate football took off, giving birth to Canadian Interuniversity Sport (CIS) football, the highest level of amateur football in Canada. That level of play often leads to professional football careers — last year, there was a record high

199 CIS alumni on CFL rosters, including 136 active players.

CIS football is made up of 27 Canadian university teams, including Carleton University and the University of Ottawa, that are divided into four conferences. At the end of each season, the conference champions move on to semifinal bowl games — the Uteck Bowl and Mitchell Bowl — with the winners advancing to the Vanier Cup national championship, a game that typically takes place in late November in a city selected via an open bid process.

This year, the Vanier Cup game, the 52nd edition of the

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PANDA GAME

Ottawa rivalry still going strong

One of the longest standing and most compelling rivalries in CIS football history takes place right here in the Nation's Capital — the annual Panda Game between the University of Ottawa Gee-Gees and the Carleton Ravens.

The rivalry dates back to 1955 when U of O student, Bryan McNulty, the associate editor of the school paper, The Fulcrum, started to promote the rivalry between Ottawa and Carleton University.

He came up with the idea of using a stuffed panda named Pedro as the Gee-Gees' mascot and set up the first ever "pandanapping," an annual tradition that would see Pedro kidnapped

from each campus in a variety of ways. The original Pedro the Panda was retired in 1976 and replaced by a real trophy.

Soon after it began, the Panda Game became the most well-known football game in Canada, behind the Grey Cup and the Vanier Cup. In 1998, however, that came grinding to a halt when Carleton University announced it would be cancelling their football program, rendering the annual tradition of the Panda Game over as the Gee-Gees, for the first time in over 50 years, became Ottawa's only collegiate football team.

Fifteen years later, in 2013, the Carleton Ravens returned to the field, marking the rebirth of both the school's football program and the traditional Panda Game, which continues to grow in popularity.

Last year's match saw a record attendance of over 17,500. It was also the highest scoring Panda Game of all time with a combined score of 93 points.

JEN TRAPLIN



The Panda Game between the University of Ottawa Gee-Gees and the Carleton Ravens dates back to 1955. CONTRIBUTED



Carleton Ravens continue to trend up

FOOTBALL

Plenty of excitement as team enters fourth year of CIS football

JEN TRAPLIN

Carleton University's football program continues to make huge strides since being reinstated just three years ago.

In their opening season, the Ravens were winless but, just three seasons later, the team reached the 2015 conference semifinals, recording a huge playoff road win over Queen's University in the Ontario University Athletics (OUA) quarterfinals — Carleton's first playoff victory in nearly 20 years.

In just its third year of CIS football last year, the Ravens finished the regular season with a winning 5-3 record. With that kind of momentum, Carleton Ravens head coach Steve Sumarah admits



In just its third year of CIS football last year, the Ravens finished with a strong 5-3 record. CONTRIBUTED

the team is excited about the upcoming season.

"We now feel that we have

a veteran group that can compete in the OUA. This past off-season had a differ-

ent feel as the team came off its first playoff win. The players trained hard this off-season as they continued to grow and develop," says Sumarah.

"We believe that we have taken great strides over the past couple of years but we will be judged by our performance on the field. Our players and coaches are excited for the challenge ahead."

- Sunday, September 4, 2016, 7:15 p.m. Carleton University vs. Western University

- Saturday, September 17, 2016, 1 p.m. Carleton University vs. Wilfrid Laurier

- Friday, October 7, 2016, 1 p.m. Carleton University vs. Windsor University

For the full schedule or to buy tickets, go to goravens.ca.

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MEET THE TEAM

Head Coach: Steve Sumarah

- Number of seasons as head coach with team: 4
- Number of seasons as head coach in CIS: 10
- Career regular season record with team: 9-15
- Career regular season record in CIS: 44-27
- Career overall record with team (regular season and playoffs only): 16-16
- Career overall record in CIS (regular season and playoffs only): 45-28

Key returning players

Offense

QB Jesse Mills
RB Jahvari Bennett
REC Nate Behar
OL Kwabena Asare

Defence

LB Leon Cenerini
DB Nate Hamlin
LB Kene Onyeka

Special teams

P/K Michael Domagala
PR/KR Tunde Adeleke
RUSH Keith Graham



Tunde Adeleke

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September 26 to December 17, 2016

Evenings: 6 pm to 9 pm (10 Levels)
Saturdays: 9 am to noon (8 Levels)

ENGLISH AS A SECOND LANGUAGE (6 LEVELS)

September 26 to December 17, 2016

Evenings: 6 pm to 9 pm (6 Levels)
Saturdays: 9 am to noon (2 Levels)

FULL TIME

4 weeks (60 hours in class and 60 hours online)

FRENCH AS A SECOND LANGUAGE (6 LEVELS)

September 12 to October 7, 2016

Levels 1, 3 and 5: 9 am to noon
Levels 2, 4 and 6: 12:30 pm to 3:30 pm

ENGLISH AS A SECOND LANGUAGE (2 LEVELS)

September 12 to October 7, 2016

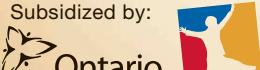
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University of Ottawa Gee-Gees look to keep momentum

FOOTBALL

Home opener is Saturday Sept. 10 against McMaster University

JEN TRAPLIN

After an offensively explosive campaign last year, the University of Ottawa Gee-Gees are hoping to keep that forward momentum heading into the 2016 season.

The team's offence was ranked third in CIS yards per game in 2015 with an average of 528, thanks mainly to senior quarterback Derek Wendel, a third year starter. Twice last season, Wendel threw for 500 yards or more and connected on 24 touchdowns, which set a school record.

"It would be nice to be able to build on top of that," Wendel explains, "to improve my passing percentage, the decisions I make every game and take what the defense gives us, move the ball up the field as much as we can

and score as many points as possible so we can take a load off our defense and special teams."

The main goal of the Gee-Gees as a whole, Wendel says, is simply to execute — stick to their game plan and not play to how the other teams want them to play.

"Hopefully, by the end of the season, that means that we have a good record and we can bring a home playoff game here to Ottawa."

OTTAWA GEE-GEES 2016 HOME GAMES

Home opener

- Saturday, September 10, 2016, 1 p.m.
University of Ottawa vs. McMaster University

- Saturday, September 17, 2016, 1 p.m.
University of Ottawa vs. University of Guelph

- Friday, October 7, 2016, 7 p.m.
University of Ottawa vs. York University

- Saturday, October 15, 2016, 1 p.m.
University of Ottawa vs. Western University

For the full schedule or to buy tickets, go to geegees.ca.

MEET THE OTTAWA GEE-GEES

Head Coach: Jamie Barresi

- Number of seasons as head coach with team: 4
- Number of seasons as head coach in CIS: 4
- Career regular season record with team: 13-11
- Career regular season record in CIS: 13-11
- Career overall record with team (regular season and playoffs only): 14-13
- Career overall record in CIS (regular season and playoffs only): 14-13

Key returning players

Offense
Derek Wendel | QB
Mitchell Baines | REC
Bryce Vieira | RB

Defence
Ty Cranston | S
Khadim Mbaya | LB
Brendan Beaudry | DB
Jackson Bennett | LB

Special teams
Lewis Ward, place kicker
Domenic Bellardini, punts
Kalem Beaver, returns



The team's offence was ranked third in CIS yards per game last season. CONTRIBUTED



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Alouettes in search of consistency vs. Redblacks

CFL

Ottawa will attempt to earn first win in three games

The Montreal Alouettes seem to follow every step forward with a leap backward. It's a trend defensive end John Bowman wants to see come to an end in the second half of the CFL season.

The 3-6 Alouettes are last in the East Division. Bowman wants to start Montreal's second half right when the Ottawa Redblacks come to Percival Molson Stadium on Thursday.

"The difference between good and great is consistency," said the veteran Bowman, who signed a one-year deal with Montreal in February. "That's what I pride myself on, trying to be consistent. We have to try to string out a couple of wins."

The Alouettes have been anything but consistent this year. They're a CFL-worst 1-4 at home and have yet to record back-to-back wins. Each of Montreal's three victories this season was followed by a lopsided loss.

An overall weak division, however, means Montreal is not far from the pack. The Argonauts, Tiger-Cats and division-leading Redblacks (4-4) all have just four wins on the season.

Despite some poor results,



Blue Bombers defensive lineman Keith Sholgan sacks Alouettes quarterback Kevin Glenn on Friday in Montreal. PAUL CHIASSON/THE CANADIAN PRESS

Bowman believes Montreal has the right personnel to turn things around.

"Until they tell us we're eliminated from the playoffs, that's when we're gonna give up," he said. "We got a long ways, still nine games to go. I've seen a lot

happen in nine games in this league before. We're going to battle for it every week."

Two weeks ago, the Als scored six touchdowns to rout Ottawa 43-19. Jim Popp's men followed that performance with a 32-18 loss at home against the Blue

Bombers, a game in which they failed to score any second-half points.

"We're gonna have roller-coaster games and roller-coaster weeks," said Montreal quarterback Kevin Glenn. "But it's about getting over it and forgetting

10

With the exception of a blowout loss to Montreal, Ottawa's losses have been by a combined 10 points.

about it and moving forward and trying to be positive for the next outing. The inconsistency is across the board. It's with every team."

Despite being first in the East, Ottawa has been far from dominant this season. The Redblacks have lost two games in a row and four of their last five since beginning the season 3-0-1.

Ottawa has made a habit recently of losing tight contests. Three of their last four losses, with the exception of the blowout against Montreal, have been by a combined 10 points.

"We're looking for a win in Montreal to go into the bye week with a winning record and then go from there," coach Rick Campbell told the team's website. "We're hopeful that if we keep working hard and tweak a few things and keep cleaning things up, we can compete with anybody."

"Lately we've been on the wrong side of close games that have come down to the last series of the game. Good teams find a way to make those plays late in the game." THE CANADIAN PRESS

FIGURE SKATING

Virtue and Moir ramp up comeback

Tessa Virtue couldn't find one adjective to describe her and ice dancing partner Scott Moir's return to competition after two years away from the sport.

So she used four instead.

"It's inspiring, it's challenging, it's terrifying, it's thrilling, I mean, we've really run the gamut of emotions throughout this comeback process," Virtue said Wednesday at the Skate Canada high performance camp in Mississauga, Ont.

"We're impressed with the state of the skating world. We had the opportunity to step back and get some distance and a different perspective on it. Sitting in the stands for some practices, watching things unfold from home was very different. But I think we have a different appreciation of the sport and a different idea of where we want to take our own skating."

Virtue and Moir became national names after winning gold at the Vancouver Olympics in 2010. They followed that up with a silver in Sochi four years later before deciding to take a break from the ice.

For Moir, the comeback bid is about competition.

"We're competitors, we're looking to win. That's never changed for 10 years and I don't think it ever will," Moir said.

"This part of our journey is going to be (about) whether we can improve our skating to the level we want it to be and we'll know. We always say we know before the judges' marks come up and that's going to be more important this time around."

THE CANADIAN PRESS

COACHLESS

Patrick Chan said Wednesday he isn't ready to hire a new coach.

The Toronto native, who took a year off from competing after claiming silver at the 2014 Sochi Olympics, has been without a coach since Kathy Johnson announced her resignation last week.

Chan said he's comfortable working alone for now.

U.S. OPEN

Raonic upset by unseeded American

Fifth-seed Milos Raonic crashed out of the U.S. Open in the second round Wednesday, losing 6-7 (4), 7-5, 7-5, 6-1 to unseeded Ryan Harrison.

Raonic had problems holding serve, usually a strength for the six-foot-five Canadian. Raonic looked defeated after Harrison broke for the fifth time to win the third set.

The American broke Raonic

66

While Raonic fired 18 aces, he made 66 unforced errors.

seven times on 18 chances to improve to 2-1 in the career head-to-head series between the players.

Harrison will face Marcos Baghdatis of Cyprus in the next round.

Earlier, Vancouver's Vasek Pospisil was eliminated after a 7-6 (3), 6-4, 6-4 loss to 23rd-seed Kevin Anderson of South Africa.

THE CANADIAN PRESS

NFL IN BRIEF

Trio cleared in PED probe

NFL stars James Harrison, Clay Matthews and Julius Peppers can start the season without having the spectre of a league investigation over whether they used performance-enhancing drugs hanging over their heads.

The NFL cleared all three on Wednesday, saying there was "no credible evidence" the players were guilty of any of the claims made in a documentary by Al-Jazeera America in January.

THE ASSOCIATED PRESS

MLB

Red Sox take 2 out of 3 against Rays

Hanley Ramirez hit a grand slam, and Aaron Hill later sliced an RBI single to break an eighth-inning tie on Wednesday in Boston to help the Red Sox beat the Tampa Bay Rays 8-6.

Jackie Bradley Jr., who had three hits, and Xander Bogaerts each homered for the Red Sox. Dustin Pedroia had three more hits for Boston, which had lost five of its previous seven games after moving into a tie for first place in the AL East.

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Hanley Ramirez is showered with Powerade on Wednesday. GETTY IMAGES

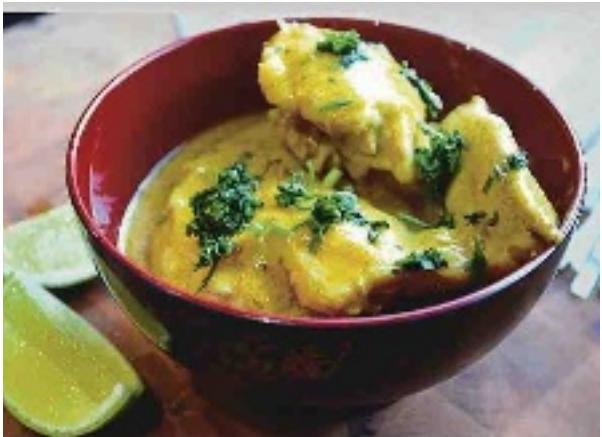
RECIPE Thai Chicken Curry

PHOTO: MAYA VINSKE

Ceri Marsh & Laura Keogh
For Metro Canada

Give takeout a rest and whip up your own Thai-style curry, rich with coconut and peanut butter.

Ready in 35 minutes

Prep time: 5 minutes
Cook time: 30 minutes
Serves 4 to 6

Ingredients

- 3 Tbsp vegetable or coconut oil
- 3 Tbsp curry paste
- Pinch ground cumin and ground coriander
- 11/2 cups (350 ml) coconut milk
- 11/2 lb (750g) chicken thighs or breasts, cut into chunks
- 2 Tbsp sugar
- 2 Tbsp fish sauce
- 1 Tbsp lime leaves (optional)
- 2 Tbsp peanut butter
- Pinch salt

- Fresh coriander, chopped
- Lime wedges, to serve

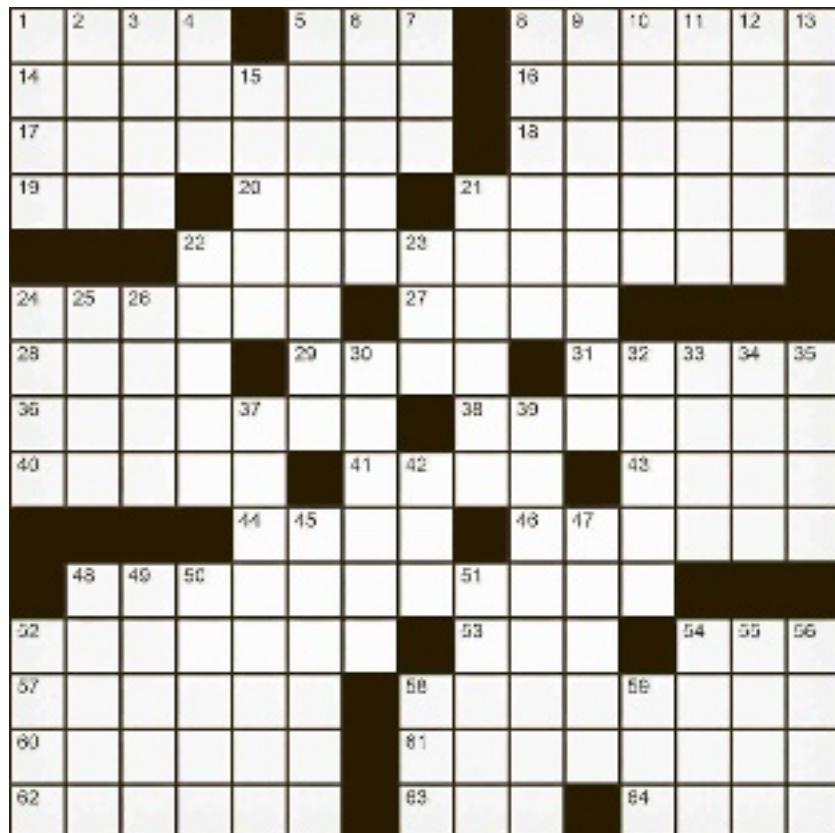
Directions

1. Heat oil in large frying pan. Fry curry paste and spices for a couple of minutes.
2. Add 1/3 of the coconut milk and reduce the heat. Add the chicken and stir until the spices and milk combine.
3. Add the remaining coconut milk then stir in the sugar, fish sauce and lime leaves. Bring the sauce to the boil, simmer for a few minutes then add the peanut butter and salt.
4. Simmer 20 minutes. Garnish with the chopped coriander and serve with the lime wedges.

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CROSSWORD Canada Across and Down

BY KELLY ANN BUCHANAN

**ACROSS**

1. Small amount that'll do ya: 2 wds.
5. Big hurricane, __. 5
8. Diving-into-water sight/sound!
14. Canadian sports-caster Brian
16. Prophet
17. Maxwell House is good to the what?: 2 wds.
18. Ancient inhabitant of Crete
19. __-Caps (Candy)
20. Payer's pledge
21. Anthony Hopkins/Emma Thompson movie, The __ of the Day (1993)
22. Canada's brand new AM show on CTV: 2 wds.
24. Director/producer J.J.
27. Emulate Tyra Banks
28. Shakespearean King
29. Real
31. Satisfies
36. Birthplace of Jesus' Bible follower Mary
38. Capture in a trap
40. Also, in Abitibi
41. Well-__- (Wealthy)
43. Corn lily
44. Winnebago owner, informally
46. Bathroom bowls
48. Mary-Louise Parker starred in the 2007 movie version of this 1993 Margaret Atwood novel, with The: 2 wds.
52. Describes, as

a journalist
53. Chicken __ King
54. Stinker
57. Do the opposite of #49-Down: 2 wds.
58. Hidden trap activator: 2 wds.
60. __-populaire (Type of financial institution, such as in Quebec)

61. Movie milieus
62. EDM pianos
63. Weep
64. __ Squad (Best Buy's techie support providers)

tools
2. Gorillas in the Mist (1988) true-life character Ms. Fossey
3. Moreover
4. Caf sandwich
5. Quaint amusement park ride
6. Stevie Wonder's My Cherie __

7. Sugar amt.
8. Three's Company star Suzanne
9. State of being strait-laced
10. Hawaiian-style veranda
11. Q. "What's the Loonie?" A. "Why, it's __ of Canada!"

DOWN

1. Cobbler's hand

CONCEPTIS SUDOKU by Dave Green

Every row, column and box contains 1-9

3	8	1	6	4	9	5
7	9				1	3
1	2		8	4		
4			1			5
	5	7	3	8		
9	6			2	1	
1	7	5	9	2	3	4

*** IT'S ALL IN THE STARS** Your daily horoscope by Francis Drake

Aries March 21 - April 20
Things might be dicey when dealing with bosses at work today. Knowing this ahead of time, don't make an issue of things. You cannot push the river.

Taurus April 21 - May 21
Parents will have to be patient with kids today. (Sometimes it's all a bit much.) Likewise, romantic partners will have to be patient with each other. (Again, it's a bit much.)

Gemini May 22 - June 21
Someone in a position of authority might block your wishes today, especially regarding family issues. Don't make a big deal about anything. It's not worth it.

Cancer June 22 - July 23
Avoid arguments with others, especially with siblings, relatives and neighbors. It will be hard for you to stick up for yourself, because others are intimidating today.

Leo July 24 - Aug. 23
Financial squabbles are likely today. Don't go up against others, especially if they have authority or power. Keep a low profile.

Virgo Aug. 24 - Sept. 23
Today is somewhat restrictive and possibly even depressing. This is why you want to break free from your rut but feel you cannot. Easy does it. Wait till tomorrow!

Libra Sept. 24 - Oct. 23
It seems others just get in your way today, no matter what you do. Naturally, you feel frustrated. Nevertheless, be courteous.

Scorpio Oct. 24 - Nov. 22
Group plans or an interaction with a friend will be stymied today, possibly because of financial limitations. You can't win them all.

Sagittarius Nov. 23 - Dec. 21
You cannot escape the duties and responsibilities that others demand of you today, even though you don't want to deliver. Just suck it up and face the facts.

Capricorn Dec. 22 - Jan. 20
Authority figures related to politics, religion or the government might be challenging. Toe the line.

Aquarius Jan. 21 - Feb. 19
You have to pay your dues and carry your fair share when it comes to group activities. This might seem onerous; however, it is what it is.

Pisces Feb. 20 - March 20
Relations with parents and bosses are dicey today, because they will interfere with what you want to do. The fact is, you cannot get your way. However, this is just a temporary setback, because tomorrow is a fabulous day!

metro

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YESTERDAY'S ANSWERS

Your daily crossword and Sudoku answers from the play page.



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